

# CARE QUALITY COMMISSION (CQC) INSPECTION OUTCOMES & STOCKTON-ON-TEES BOROUGH COUNCIL (SBC) PROVIDER ASSESSMENT AND MARKET MANAGEMENT SOLUTIONS (PAMMS) ASSESSMENT REPORTS

## QUARTER 3 2023-2024

The CQC is the national inspectorate for registered health and adult care services. Inspection reports are regularly produced, and these are published on a weekly basis.

The CQC assesses and rates services as being 'Outstanding', 'Good', 'Requires Improvement', or 'Inadequate'. Where providers are found to be in need of improvement or inadequate, the CQC make recommendations for improvement and / or enforcement action. Specific actions taken in each case can be found in the relevant inspection report.

Where inspections are relevant to the Borough, a summary of the outcome is circulated to all Members each month. An update from Adult Services is included which summarises the position in relation to service provision and any actions taken at that time.

### Quarterly Summary of Published CQC Reports

This update includes inspection reports published between October and December 2023 (inclusive). These are included at **Appendix 1** and contain the results of all inspections of services based in the Borough (irrespective of whether they are commissioned by the Council).

During this quarter, **5** inspection results were published. Please note: there is a time lag between dates of the inspection and the publication of the report. In addition, where concerns are identified by the CQC, re-inspections may take place soon after the initial report is published. When the outcomes are made available within the same quarter, the result of the most recent report is included in this update.

The main outcomes from the reports are as follows:

- 3 Adult Services were reported on (3 rated 'Good')
- 1 Primary Medical Care Services was reported on (1 'Not rated')
- 1 Hospital / Other Health Care Services was reported on (1 rated 'Requires Improvement')

A summary of each report and actions taken (correct at the time the CQC inspection report was published) is outlined below. Links to the full version of the reports, and previous ratings where applicable, are also included.

### PAMMS Assessment Reports

SBC are utilising the Provider Assessment and Market Management Solutions (PAMMS) in the quality assurance process. PAMMS is an online assessment tool developed in collaboration with Directors of Adult Social Services (ADASS) East and regional Local Authorities. It is designed to assist in assessing the quality of care delivered by providers. The PAMMS assessment consists of a series of questions over a number of domains and quality standards that forms a risk-based scoring system to ensure equality of approach. The PAMMS key areas are:

- Involvement and Information
- Personalised Care and Support
- Safeguarding and Safety
- Suitability of Staffing
- Quality of Management

Following the PAMMS assessment, the key areas are scored either 'Excellent', 'Good', 'Requires Improvement' or 'Poor', and an overall rating is assigned to the assessment using these headings. **Appendix 2** shows 11 reports published between October and December 2023 (inclusive), the overall outcomes of which can be summarised as follows:

- 8 rated 'Good'
- 3 rated 'Requires Improvement'

**APPENDIX 1****ADULT SERVICES**

(includes services such as care homes, care homes with nursing, and care in the home)

<b>Provider Name</b>	<b>Nightingales Community Care Limited</b>	
<b>Service Name</b>	<b>Nightingales Community Care Limited</b>	
<b>Category of Care</b>	<b>Home Care Agency</b>	
<b>Address</b>	Enterprise House, 6-8 Yarm Road, Stockton-on-Tees TS18 3NA	
<b>Ward</b>	n/a	
<b>CQC link</b>	<a href="https://api.cqc.org.uk/public/v1/reports/cb346e00-0dc2-444b-9ba3-62798f229ebd?20231007120000">https://api.cqc.org.uk/public/v1/reports/cb346e00-0dc2-444b-9ba3-62798f229ebd?20231007120000</a>	
	<b>New CQC Rating</b>	<b>Previous CQC Rating</b>
<b>Overall</b>	<b>Good</b>	<b>Good</b>
<b>Safe</b>	<b>Good</b>	<b>Good</b>
<b>Effective</b>	<b>Not inspected</b>	<b>Good</b>
<b>Caring</b>	<b>Not inspected</b>	<b>Good</b>
<b>Responsive</b>	<b>Not inspected</b>	<b>Good</b>
<b>Well-Led</b>	<b>Good</b>	<b>Good</b>
<b>Date of Inspection</b>	<b>23<sup>rd</sup>, 24<sup>th</sup> May &amp; 29<sup>th</sup> June 2023 (focused inspection)</b>	
<b>Date Report Published</b>	<b>7<sup>th</sup> October 2023</b>	
<b>Date Previously Rated Report Published</b>	<b>23<sup>rd</sup> December 2017</b>	
<b>Further Information</b>		
<p>Nightingales Community Care Ltd is a domiciliary care agency providing personal care and support to people living in their own homes. Not everyone who used the service received personal care. The CQC only inspects where people receive personal care – this is help with tasks related to personal hygiene and eating. Where they do, we also consider any wider social care provided. At the time of inspection 11 people were receiving personal care.</p> <p>This inspection was prompted by a review of the information the CQC held about this service. As a result, they decided to undertake a focused inspection to review the key questions of 'safe' and 'well-led' only.</p> <p>People and relatives were happy with the service and the care people received. They were complimentary about staff calling them 'efficient', 'caring' and 'friendly'. There were systems in place to keep people safe. Staff safeguarded people from abuse. Risks to people's health, safety and wellbeing were managed. There were enough staff to meet people's needs and safe recruitment processes were followed. Medicines were safely administered and managed. The</p>		

provider had effective systems to review incidents, check appropriate action had been taken and identify learning. The provider and staff protected people from the risk or spread of infection.

The service was well managed. The provider, manager and staff promoted a positive culture in the service. The provider had an effective quality assurance process in place which included regular audits and spot-checks. People, relatives and staff were regularly consulted about the quality of the service through regular communication, meetings and reviews.

For those key questions not inspected, the CQC used the ratings awarded at the last inspection to calculate the overall rating. The overall rating for the service has remained good based on the findings of this inspection. The CQC found no evidence during this inspection that people were at risk of harm.

<b>Provider Name</b>	<b>The Five Lamps Organisation</b>	
<b>Service Name</b>	<b>Parkside Court Extra Care Scheme</b>	
<b>Category of Care</b>	<b>Care at Home – Extra Care</b>	
<b>Address</b>	Cumbernauld Road, Thornaby, Stockton-on-Tees TS17 9FB	
<b>Ward</b>	<b>Stainsby Hill</b>	
<b>CQC link</b>	<a href="https://api.cqc.org.uk/public/v1/reports/a0dd4ef9-d78f-4214-8521-8a90b01bf4e0?20231118130000">https://api.cqc.org.uk/public/v1/reports/a0dd4ef9-d78f-4214-8521-8a90b01bf4e0?20231118130000</a>	
	<b>New CQC Rating</b>	<b>Previous CQC Rating</b>
<b>Overall</b>	<b>Good</b>	<b>Requires Improvement</b>
<b>Safe</b>	<b>Good</b>	<b>Requires Improvement</b>
<b>Effective</b>	<b>Not inspected</b>	<b>Good</b>
<b>Caring</b>	<b>Not inspected</b>	<b>Good</b>
<b>Responsive</b>	<b>Good</b>	<b>Requires Improvement</b>
<b>Well-Led</b>	<b>Good</b>	<b>Requires Improvement</b>
<b>Date of Inspection</b>	<b>21<sup>st</sup>, 27<sup>th</sup> July, 17<sup>th</sup>, 21<sup>st</sup> August &amp; 4<sup>th</sup> September 2023</b>	
<b>Date Report Published</b>	<b>18<sup>th</sup> November 2023</b>	
<b>Date Previously Rated Report Published</b>	<b>15<sup>th</sup> November 2022</b>	
<b>Breach Number and Title</b>		
None.		
Enough improvements had been made at this inspection and Parkside Court are no longer in breach of <u>Regulation 17 HSCA RA Regulations 2014 Good governance</u> .		
<b>Level of Quality Assurance &amp; Contract Compliance</b>		
Level 1 – No Concerns / Minor Concerns (Standard Monitoring)		
<b>Level of Engagement with the Authority</b>		
Parkside Court have been engaging well over the last year. The previous manager did take part in the Well-Led Programme, though no-one from the organisation has expressed interest since. The service has engaged well through their interim manager. They have helped with driving forward activity provision and work alongside other service colleagues.		
<b>Supporting Evidence and Supplementary Information</b>		
The service completed an Action Plan after the last inspection to show what they would do to improve Regulation 17 (Good governance). The overall rating for the service has changed from 'requires improvement' to 'good'.		

The CQC found that the service was well-managed and has implemented additional quality checks to monitor the service more effectively. The service, management and staff worked in partnership with other health professionals to achieve positive outcomes for people.

Systems were in place to ensure risks to people's health, safety and wellbeing were well documented and managed. Staff safeguarded people from abuse, medicines were administered and managed safely, and people were protected from the risk or spread of infection.

Safe recruitment processes were always followed and there are enough staff to meet people's needs. Staff knew how to effectively communicate with people and detailed methods in care records. Care plans were also person-centred and reflected individual needs and wishes.

People and relatives knew how to raise any concerns and the service had a suitable complaints procedure in place. The service promoted an open and honest culture. People and relatives were regularly consulted about the quality of the service through surveys and reviews.

People and relatives were happy with the service and the care received, and were complimentary about care staff, describing them as 'great', 'very good' and 'friendly'. Comments from relatives included, '[Family member] gets the same group of carers who are lovely and friendly. They're smashing'.

<b>Participated in Well Led Programme?</b>	<b>Yes</b> (with previous manager)	
<b>PAMMS Assessment – Date (Published) / Rating</b>	<b>17/06/2022</b>	<b>Good</b>

<b>Provider Name</b>	<b>Milewood Healthcare Ltd</b>	
<b>Service Name</b>	<b>Alexandra House</b>	
<b>Category of Care</b>	<b>Mental Health / Learning Disability</b>	
<b>Address</b>	Summerhouse Square, Norton, Stockton-on-Tees TS20 1BH	
<b>Ward</b>	<b>Norton Central</b>	
<b>CQC link</b>	<a href="https://api.cqc.org.uk/public/v1/reports/b697e3bf-0dcb-4b40-9635-9066d48d7286?20231212130000">https://api.cqc.org.uk/public/v1/reports/b697e3bf-0dcb-4b40-9635-9066d48d7286?20231212130000</a>	
	<b>New CQC Rating</b>	<b>Previous CQC Rating</b>
<b>Overall</b>	<b>Good</b>	<b>Good</b>
<b>Safe</b>	<b>Good</b>	<b>Good</b>
<b>Effective</b>	<b>Not inspected</b>	<b>Good</b>
<b>Caring</b>	<b>Not inspected</b>	<b>Good</b>
<b>Responsive</b>	<b>Not inspected</b>	<b>Good</b>
<b>Well-Led</b>	<b>Good</b>	<b>Good</b>
<b>Date of Inspection</b>	<b>17<sup>th</sup> &amp; 20<sup>th</sup> November 2023</b>	
<b>Date Report Published</b>	<b>12<sup>th</sup> December 2023</b>	
<b>Date Previously Rated Report Published</b>	<b>8<sup>th</sup> August 2018</b>	
<b>Breach Number and Title</b>		
None.		
<b>Level of Quality Assurance &amp; Contract Compliance</b>		
Level 1 – No Concerns / Minor Concerns (Standard Monitoring)		
<b>Level of Engagement with the Authority</b>		
<p>Management and staff maintain good engagement with the Quality Assurance and Compliance (QuAC) Officer through open and transparent communication.</p> <p>The management team attend the Provider Forum and engage in initiatives arranged by the Transformation Officers.</p>		
<b>Supporting Evidence and Supplementary Information</b>		
<p>Service-users were safeguarded from abuse and avoidable harm. Thorough processes were in place to report any safeguarding concerns. Staff were aware of how to report concerns and were confident these would be addressed by the Registered Manager.</p> <p>The provider assessed risks to ensure people were safe, promoting positive risk-taking to help people gain skills and independence. Service-users reported that they had thrived whilst living at the service due to this approach.</p>		

The inspector reported that there was a well-established team of skilled staff working at Alexandra House. The Registered Manager ensured that staffing levels were adapted to meet service-users' needs. Additional staff were used to enable people to participate in social activities they enjoyed.

Service-users were supported to receive their medicines safely. Thorough processes were in place to ensure medicines were stored, administered, and recorded appropriately.

The provider and Registered Manager were committed to ensuring there was a positive culture within the service – this helped achieve positive outcomes for service-users. The Registered Manager was visible in the service – they worked directly with people living at the service and led by example.

The Registered Manager had the skills, knowledge, and experience to perform their role and had a clear understanding of people's needs, as well as effective oversight of the service. Governance processes were thorough and effective – they were used to monitor, assess, and drive forward improvements to ensure the service consistently provided good quality care.

<b>Participated in Well Led Programme?</b>	<b>Yes</b>	
<b>PAMMS Assessment – Date (Published) / Rating</b>	<b>22/08/2023</b>	<b>Good</b>



## PRIMARY MEDICAL CARE SERVICES

<b>Provider Name</b>	<b>Grace Dental Care Partnership</b>	
<b>Service Name</b>	<b>Grace Dental Care</b>	
<b>Category of Care</b>	<b>Dentists</b>	
<b>Address</b>	49 Tunstall Avenue, Billingham, Stockton-on-Tees TS23 3QB	
<b>Ward</b>	<b>Billingham East</b>	
<b>CQC link</b>	<a href="https://api.cqc.org.uk/public/v1/reports/97f1f8ba-b2f3-4577-b1bb-ac3eec47383c?20231011070046">https://api.cqc.org.uk/public/v1/reports/97f1f8ba-b2f3-4577-b1bb-ac3eec47383c?20231011070046</a>	
	<b>New CQC Rating</b>	<b>Previous CQC Rating</b>
<b>Overall</b>	<b>Not rated</b>	<b>n/a</b>
<b>Safe</b>	<b>No Action</b>	<b>n/a</b>
<b>Effective</b>	<b>No Action</b>	<b>n/a</b>
<b>Caring</b>	<b>No Action</b>	<b>n/a</b>
<b>Responsive</b>	<b>No Action</b>	<b>n/a</b>
<b>Well-Led</b>	<b>No Action</b>	<b>n/a</b>
<b>Date of Inspection</b>	<b>15<sup>th</sup> September 2023</b>	
<b>Date Report Published</b>	<b>11<sup>th</sup> October 2023</b>	
<b>Date Previously Rated Report Published</b>	<b>n/a</b>	
<b>Further Information</b>		
<p>Grace Dental Care provides NHS and private dental care and treatment for adults and children. The CQC carried out this announced comprehensive inspection under section 60 of the Health and Social Care Act 2008 as part of its regulatory functions.</p> <p>The findings were as follows:</p> <ul style="list-style-type: none"> <li>• The dental clinic appeared clean and well-maintained.</li> <li>• The practice had infection control procedures which reflected published guidance.</li> <li>• Staff knew how to deal with medical emergencies. Appropriate medicines and life-saving equipment were available.</li> <li>• The practice had systems to manage risks for patients, staff, equipment and the premises.</li> <li>• Safeguarding processes were in place and staff knew their responsibilities for safeguarding vulnerable adults and children.</li> <li>• The practice had staff recruitment procedures which reflected current legislation.</li> <li>• Clinical staff provided patients' care and treatment in line with current guidelines. Improvements could be made to the detail recorded in dental care records.</li> <li>• Patients were treated with dignity and respect. Staff took care to protect patients' privacy and personal information.</li> <li>• Staff provided preventive care and supported patients to ensure better oral health.</li> <li>• The appointment system worked efficiently to respond to patients' needs.</li> </ul>		

- The frequency of appointments was agreed between the dentist and the patient, giving due regard to National Institute of Health and Care Excellence (NICE) guidelines.
- There was effective leadership and a culture of continuous improvement.
- Staff felt involved, supported and worked as a team.
- Staff and patients were asked for feedback about the services provided.
- Complaints were dealt with positively and efficiently.
- The practice had information governance arrangements.

There were areas where the provider could make improvements. They should:

- Take action to ensure the clinicians take into account the guidance provided by the College of General Dentistry when completing dental care records.
- Implement a system to ensure patient referrals to other dental or health care professionals are centrally monitored to ensure they are received in a timely manner and not lost.

**HOSPITAL AND COMMUNITY HEALTH SERVICES**  
(including mental health care)

<b>Provider Name</b>	<b>Tees, Esk and Wear Valleys NHS Foundation Trust</b>	
<b>Service Name</b>	<b>Tees, Esk and Wear Valleys NHS Foundation Trust</b>	
<b>Category of Care</b>	<b>Mental Health (adults and children / young people)</b>	
<b>Address</b>	West Park Hospital, Edward Pease Way, Darlington DL2 2TS	
<b>Ward</b>	n/a	
<b>CQC link</b>	<a href="https://api.cqc.org.uk/public/v1/reports/56271cd7-1406-4aaa-b33f-5c463d57373d?20231025090307">https://api.cqc.org.uk/public/v1/reports/56271cd7-1406-4aaa-b33f-5c463d57373d?20231025090307</a>	
	<b>New CQC Rating</b>	<b>Previous CQC Rating</b>
<b>Overall</b>	<b>Requires Improvement</b>	<b>Requires Improvement</b>
<b>Safe</b>	<b>Requires Improvement</b>	<b>Requires Improvement</b>
<b>Effective</b>	<b>Good</b>	<b>Good</b>
<b>Caring</b>	<b>Good</b>	<b>Good</b>
<b>Responsive</b>	<b>Requires Improvement</b>	<b>Requires Improvement</b>
<b>Well-Led</b>	<b>Requires Improvement</b>	<b>Requires Improvement</b>
<b>Date of Inspection</b>	<b>18<sup>th</sup> April to 2<sup>nd</sup> June 2023</b>	
<b>Date Report Published</b>	<b>25<sup>th</sup> October 2023</b>	
<b>Date Previously Rated Report Published</b>	<b>10<sup>th</sup> December 2021 (Trust-wide)</b>	
<b>Further Information</b>		
<p>Tees, Esk and Wear Valleys NHS Foundation Trust (TEWV) provide mental health and learning disability services in County Durham and Darlington, Teesside, North Yorkshire, York and Selby. The Trust have 167 services across 66 locations.</p> <p>The CQC carried out unannounced inspections of four of the inpatient mental health services provided by TEWV, and short-notice (24 hours) announced inspections of two of the community services. They also inspected the 'well-led' key question for the Trust overall.</p> <p>The CQCs rating of the Trust stayed the same ('requires improvement'). Key findings included:</p> <ul style="list-style-type: none"> <li>• There was effective leadership and management at local level in most services, however some of the Trust's systems and processes did not operate effectively at a senior level. This meant that whilst the CQC rated 'well-led' as 'good' in most core services, the Trust was rated as 'requires improvement' for the overall 'well-led' key question.</li> <li>• The Trust did not always have enough suitably trained staff to deliver safe care in all services. This was due to high vacancy rates, high sickness rates and significant reliance on temporary staff in some services. There was low compliance with specific modules of mandatory training. This included modules directly related to patient safety such as moving and handling, positive and safe care (restraint) and resuscitation.</li> </ul>		

- Some areas of the Trust's estate continued to present risks to quality and safety. Action plans to remove environmental ligature risks had not all been completed. Seclusion facilities were not always fit for purpose. Some wards had blind spots which had not been identified or mitigated; the Trust acted on these at the time of the inspection.
- The Trust's reducing restrictive practice programme for 2022-2023 had failed to reduce overall rates of restraint. The use of restraint had increased by 17% in the Trust's services since the previous year. The Trust continued to use prone and mechanical restraint without appropriate challenge and oversight by senior leaders. However, there had been a reduction in the use of prone and supine restraint, with an increase in less intensive forms of restraint.
- Staff did not always consistently take appropriate action to reduce risk to people using services. Some patients in acute mental health services were able to access leave from wards without appropriate risk assessment. Some patients' physical health was not always monitored appropriately in acute mental health, forensic and learning disability inpatient services. Risks were not always shared and handed over effectively between shifts on some wards.
- People continued to wait too long to access services. Waiting times for community mental health services had not improved since the last inspection. There were significant waiting times in child and adolescent mental health services and for neurodevelopmental assessments. The Trust's locality model had introduced variation where some patients faced inequity of access to services because of where they lived. The Trust needed to work with both Integrated Care Boards to improve access to services.
- Staff did not always receive, or record that they had received, regular supervision and appraisal. This meant that the Trust did not have effective systems in place for oversight of whether staff received appropriate opportunities for support and development.
- The Trust did not have effective systems to consistently collate, analyse and present information about quality and performance in a way that identified risks and challenges, or supported effective decision making. There were examples of early warning signs in frontline services which had been missed by the Trust's risk management and audit processes.
- The Trust had a backlog of 100 serious incidents requiring investigation. There were further backlogs in incidents requiring routine investigation and in incidents resulting in patient deaths requiring review through the Trust's learning from deaths processes. The Trust's backlogs delayed opportunities to learn lessons and make improvements to prevent incidents recurring. The Trust had experienced several similar incidents where learning was not evident. The Trust were receiving external support to manage the incident backlog.
- The Trust had experienced several high-profile incidents. The impact of the incidents had resulted in lasting and persistent changes to the culture of the Trust which included an over-cautious approach from senior leaders to recognise and celebrate improvement.
- Where there had been incidents or treatment which caused harm to patients, the Trust's approach had not always ensured staff and leaders reached out to people who had been harmed by its practices. The Trust missed opportunities and appeared reluctant to consistently engage with people who used services, staff and others who had negative experiences or had been involved in incidents.
- The Trust did not always act in accordance with the requirements of the duty of candour by failing to make an apology without delay for incidents resulting in harm.

However:

- Forensic inpatient secure wards, wards for people with a learning disability or autism, and wards for older people had all improved since the last inspection. The Trust no longer had any services which were rated 'inadequate'. The leadership and safety of community mental health services for working age adults had improved since the last inspection in December 2021, and ratings had improved to a rating of 'good' overall.

- Leaders were experienced, visible and approachable. Leaders at all levels had ensured that improvements were made since the last inspection. The Trust had made improvements to its fit-and-proper persons process.
- Executives and non-executives were passionate about the Trust's delivery of safe, high-quality care and were aware most of the Trust's challenges, risks, and issues.
- The Trust had a clear vision and strategy, understood by all staff and driven by the Chief Executive. The CQC was able to see progression towards the Trust's achievement of its strategic goals. Staff demonstrated the Trust's values in the care they provided.
- Staff felt supported and valued and had confidence in the Trust's 'freedom to speak up' process. The Trust had undertaken work to understand the risks of closed cultures across the services it provided.
- The Trust was making improvements to its information management systems which included a refreshed patient record system which had been co-created with staff, service-users and carers, and was clinically designed.
- There continued to be good and improved engagement with staff, stakeholders, and partners. The Trust was ambitious about co-creation and had several programmes in place to enhance opportunities for involvement.
- The Trust had implemented a recognised methodology with a clear and embedded approach to quality improvement which involved staff at all levels, with examples of where quality improvement approaches had been used to improve services and processes. However, the Trust's approach to quality improvement was sometimes related more to problem-solving than innovation.
- The Trust had sought feedback on its governance processes and had made significant changes to governance arrangements which had made it easier for services to escalate risks to the board.

An extensive list of actions the Trust must and should take is listed on pages 9-14 of the full report.

**APPENDIX 2****PAMMS ASSESSMENT REPORTS**  
(for Adult Services commissioned by the Council)

<b>Provider Name</b>	<b>Royal Mencap Society</b>	
<b>Service Name</b>	<b>71 Middleton Avenue</b>	
<b>Category of Care</b>	<b>Learning Disability Residential Home</b>	
<b>Address</b>	71 Middleton Avenue, Thornaby, Stockton-on-Tees TS17 0LL	
<b>Ward</b>	<b>Village</b>	
	<b>New PAMMS Rating</b>	<b>Previous PAMMS Rating</b>
<b>Overall Rating</b>	<b>Good</b>	<b>Good</b>
<b>Involvement &amp; Information</b>	<b>Good</b>	<b>Good</b>
<b>Personalised Care / Support</b>	<b>Good</b>	<b>Good</b>
<b>Safeguarding &amp; Safety</b>	<b>Good</b>	<b>Good</b>
<b>Suitability of Staffing</b>	<b>Good</b>	<b>Good</b>
<b>Quality of Management</b>	<b>Good</b>	<b>Good</b>
<b>Date of Inspection</b>	<b>14<sup>th</sup> August 2023</b>	
<b>Date Assessment Published</b>	<b>19<sup>th</sup> October 2023</b>	
<b>Date Previous Assessment Published</b>	<b>1<sup>st</sup> February 2022</b>	
<b>PAMMS Assessment Summary (Positive Outcomes / Observations and Concerns)</b>		
<p>Middleton Lodge is a learning disability residential setting that provides support for six adults.</p> <p>Care plans were written based upon staff's intimate knowledge of residents, reflected their needs well and promoted independence. Recommendations for improvements to records relating to mental capacity and completion of best interest decisions were made as this was lacking.</p> <p>Staff are appropriately trained, and training is monitored by management. Staffing levels were appropriate and there is no agency usage as staff cover shifts and there are a number of bank staff for contingency. A supportive work environment was reported by staff and they also spoke highly of the support received by management. Supervisions are carried out regularly and appraisals are merged with this process.</p> <p>Cleaning schedules and daily audits for were in place, however were not always completed. Weekly audits were in place, however did not always identify issues. Some areas of the home required attention and the provider is liaising with the property owner to address these.</p>		

<b>Plans and Actions to Address Concerns and Improve Quality and Compliance</b>		
The provider will complete an Action Plan to address areas identified for improvement to ensure full compliance.		
<b>Level of Quality Assurance &amp; Contract Compliance Monitoring</b>		
Level 1 – No Concerns / Minor Concerns (Standard Monitoring)		
<b>Level of Engagement with the Authority</b>		
Middleton Avenue engage really well, they attend leadership meetings and Provider Forums, and engage well with training. The manager has been really proactive in pushing for a better care response in the home and has worked closely with the matrons to access the Virtual Frailty ward. Staff at Middleton Avenue are described as dedicated and engaging by the Transformation Team.		
<b>Current CQC Assessment - Date / Overall Rating</b>	<b>11/02/2023</b>	<b>Good</b>

<b>Provider Name</b>	<b>Anchor Hanover Group</b>	
<b>Service Name</b>	<b>Millbeck</b>	
<b>Category of Care</b>	<b>Residential</b>	
<b>Address</b>	High Street, Norton, Stockton-on-Tees TS20 1DQ	
<b>Ward</b>	<b>Norton Central</b>	
	<b>New PAMMS Rating</b>	<b>Previous PAMMS Rating</b>
<b>Overall Rating</b>	<b>Good</b>	<b>Requires Improvement</b>
<b>Involvement &amp; Information</b>	<b>Good</b>	<b>Requires Improvement</b>
<b>Personalised Care / Support</b>	<b>Good</b>	<b>Requires Improvement</b>
<b>Safeguarding &amp; Safety</b>	<b>Requires Improvement</b>	<b>Good</b>
<b>Suitability of Staffing</b>	<b>Good</b>	<b>Good</b>
<b>Quality of Management</b>	<b>Good</b>	<b>Good</b>
<b>Date of Inspection</b>	<b>13<sup>th</sup> September 2023</b>	
<b>Date Assessment Published</b>	<b>25<sup>th</sup> October 2023</b>	
<b>Date Previous Assessment Published</b>	<b>1<sup>st</sup> December 2022</b>	
<b>PAMMS Assessment Summary (Positive Outcomes / Observations and Concerns)</b>		
<p>Observations of interactions and care provided to residents evidenced that staff treat residents with dignity and respect. Staff were seen to promote independence and choice whilst taking part in activities, drinks, snacks, and meal choices, and sought consent before providing care. Care plans were person-centred, detailed how to support residents on a good and bad day, and recorded individuals' preferences – however, care plans lacked evidence of service-user involvement. Residents were supported to maintain relationships with family and friends.</p> <p>Medication management was found to be good. Medications including controlled drugs were stored securely and administered correctly. All staff who administer medication are trained to level 3 and complete competency assessments every six months. Regular medication audits were in place and Action Plans completed. The home records and reports incidents / near-misses and shares lessons learned. There were some areas of improvement identified around topical administrations, PRN, self-medication, and covert medication.</p> <p>Access to the building is via a key coded door, however visitors were observed to know and use the code independently. The electronic visitors log was not working over the course of the assessment and an alternative was not put in place in a timely manner.</p> <p>Equipment in use was serviced and maintained, however for some regular servicing, the most up-to-date service certification was not present in the home at the time of assessment.</p> <p>There was a range of audits in place, however some audits were not robust enough to identify service certification that were out-of-date.</p> <p>Appropriate up-to-date documentation was not held on file for people who provide additional services (i.e. the hairdresser).</p>		



<p>Staff's overall training compliance is high; staff feel supported at work and receive regular supervision and appraisal, however the frequency in the company policy is not in-line with the contract. That manager has raised this with supervising staff to increase frequency.</p> <p>The manager collates complaints and compliments and also has a 'reflective practice' file in place which contains incidents / safeguarding from which the home has identified lessons learned and implemented improvements to the service.</p>		
<p><b>Plans and Actions to Address Concerns and Improve Quality and Compliance</b></p>		
<p>The provider will complete an Action Plan for all questions assessed as 'Requires Improvement' and the Quality Assurance and Compliance (QuAC) Officer will monitor this for progress through contractual visits.</p>		
<p><b>Level of Quality Assurance &amp; Contract Compliance Monitoring</b></p>		
<p>Level 1 – No Concerns / Minor Concerns (Standard Monitoring)</p>		
<p><b>Level of Engagement with the Authority</b></p>		
<p>The provider has a good relationship with the QuAC Officer and responds to requests for information in a timely manner. The provider has engaged with the Local Authority transformation initiatives such as the Well-Led Programme, and the Deputy is currently enrolled in the latest cohort.</p>		
<p><b>Current CQC Assessment - Date / Overall Rating</b></p>	<p><b>13/12/2018</b></p>	<p><b>Good</b></p>

<b>Provider Name</b>	<b>Milewood Healthcare Ltd</b>	
<b>Service Name</b>	<b>Beechwood House</b>	
<b>Category of Care</b>	<b>Residential – Learning Disabilities / Mental Health</b>	
<b>Address</b>	1 Priory Gardens, Norton, Stockton-on-Tees TS20 1BJ	
<b>Ward</b>	<b>Norton Central</b>	
	<b>New PAMMS Rating</b>	<b>Previous PAMMS Rating</b>
<b>Overall Rating</b>	<b>Good</b>	n/a
<b>Involvement &amp; Information</b>	<b>Good</b>	n/a
<b>Personalised Care / Support</b>	<b>Good</b>	n/a
<b>Safeguarding &amp; Safety</b>	<b>Good</b>	n/a
<b>Suitability of Staffing</b>	<b>Good</b>	n/a
<b>Quality of Management</b>	<b>Good</b>	n/a
<b>Date of Inspection</b>	<b>10<sup>th</sup> July 2023</b>	
<b>Date Assessment Published</b>	<b>6<sup>th</sup> November 2023</b>	
<b>Date Previous Assessment Published</b>	n/a	
<b>PAMMS Assessment Summary (Positive Outcomes / Observations and Concerns)</b>		
<p>The care plans were paper-based, clear, concise, and well ordered. They were very person-centred, written in the first person, and covered all relevant areas of daily living, what was important to the service-users, and how staff could support them to achieve these preferred choices. One service-user noted, 'I like to choose my clothes each day and I always like to wear make-up and jewellery'.</p> <p>The care documentation could be enhanced by the addition of a specific care plan around DoLS, listing pertinent dates, conditions of the DoLS, and any RPR or IMCA involvement. Documentation should clearly evidence that least restrictive options have been considered, and any decisions made on behalf of the service-user is in their best interest.</p> <p>The service operates a robust 'key worker' system, and the name of the service-user's allocated 'key worker' is recorded on the front sheet of their care file. 'Key workers' are involved in a monthly review of the care plans and compiling a monthly report with the service-user.</p> <p>Risk assessments had been completed for relevant areas including accessing the community, self-harm, alcohol misuse, diabetes, and psychosis. Behaviour support plans included a reason for the assessment, triggers or warning signs for risk occurring, and RAG-rated actions to prevent, minimise risk and de-escalate situations. These were clear to follow and completed with a good level of detail. Behaviour statistics are compiled and feed into the review process.</p> <p>Staff spoken with understood safeguarding principles and could give examples of types of abuse such as physical, financial, organisational, and emotional. Staff had an understanding of where they can escalate any concerns both within the organisation and outside agencies, such as the CQC and the Safeguarding Team.</p>		

During this assessment, the medication elements of the PAMMS inspection were assessed alongside the NECS Medication Optimisation Team, and were scored in mutual agreement with the Quality Assurance and Compliance (QuAC) Officer whilst considering the observations and findings. Medication front sheets were in place for all service-users and were generally completed to a good standard (one photograph was found to be undated). Medication was given as prescribed and no gaps in administration recording were identified. Time sensitive medication was administered in line with directions and the time recorded for all administrations. Accurate PRN protocols were in place and of a high standard regarding dosage instructions, form, and strength. Protocols were service-user specific, with clear indication as to when a PRN medication or variable dose would be administered. Evidence was seen of six-monthly competencies for staff who administer medications, however, competencies for applying topical preparations were not included.

Recruitment records were viewed for four members of staff with varying lengths of service. Application forms had been completed documenting qualifications and employment history. Interviews were carried out by two people, notes recorded and held on file. DBS checks had been carried out and two references received prior to the employment commencing. Files contained two forms of identification, right to work checks, signed contracts of employment, a confidentiality declaration, and confirmed receipt of staff handbook during induction. It is recommended that a job description is also held on file.

An easy-read guide is available for service-users setting out how to make a complaint. This includes contact details for the CQC and the company's Managing Director, but should also include details of the Local Authority and Local Government Ombudsman. Service-users spoken with were quite happy that they could just 'speak to staff' to raise any concerns and felt any issue would be dealt with appropriately.

**Plans and Actions to Address Concerns and Improve Quality and Compliance**

The provider will complete an Action Plan to address the small number of areas identified as requiring improvement – progress will be monitored and validated.

**Level of Quality Assurance & Contract Compliance Monitoring**

Level 1 – No Concerns / Minor Concerns (Standard Monitoring)

**Level of Engagement with the Authority**

The provider engages well with the QuAC Officer and Transformation Managers. The Registered Manager and Deputy Manager regularly attend the Provider Forums and recruitment events.

**Current CQC Assessment - Date / Overall Rating**

**10/11/2022**

**Requires Improvement**

<b>Provider Name</b>	<b>Milewood Healthcare Ltd</b>	
<b>Service Name</b>	<b>Oxbridge House</b>	
<b>Category of Care</b>	<b>Residential – Learning Disabilities / Mental Health</b>	
<b>Address</b>	187 Oxbridge Lane, Stockton-on-Tees TS18 4JB	
<b>Ward</b>	<b>Fairfield</b>	
	<b>New PAMMS Rating</b>	<b>Previous PAMMS Rating</b>
<b>Overall Rating</b>	<b>Requires Improvement</b>	<b>Requires Improvement</b>
<b>Involvement &amp; Information</b>	<b>Requires Improvement</b>	<b>Requires Improvement</b>
<b>Personalised Care / Support</b>	<b>Requires Improvement</b>	<b>Requires Improvement</b>
<b>Safeguarding &amp; Safety</b>	<b>Good</b>	<b>Requires Improvement</b>
<b>Suitability of Staffing</b>	<b>Poor</b>	<b>Requires Improvement</b>
<b>Quality of Management</b>	<b>Requires Improvement</b>	<b>Requires Improvement</b>
<b>Date of Inspection</b>	<b>17<sup>th</sup> July 2023</b>	
<b>Date Assessment Published</b>	<b>6<sup>th</sup> November 2023</b>	
<b>Date Previous Assessment Published</b>	<b>6<sup>th</sup> September 2019</b>	
<b>PAMMS Assessment Summary (Positive Outcomes / Observations and Concerns)</b>		
<p>Care plans had not been reviewed and updated to reflect any change in need of the service-user. There were not always appropriate risk assessments in place for needs identified in the care plan. Initial assessments and care documentation was not in place for two service-users who had recently moved into the home. Completion of the daily notes was inconsistent, and on a number of occasions, notes were missing for several consecutive days.</p> <p>Staff confirmed that service-users had been involved in the décor choices in the home. Communal colours were chosen with service-user input, and a service-user spoken with discussed shopping for 'things for my room'. The service-users spoken with confirmed they were asked whether they were happy with the service or had any suggestions for improvements.</p> <p>All staff spoken with could recall the training they have received around safeguarding and list the types of abuse. All staff were able to explain the whistleblowing process and who they would report concerns to. Appropriate safeguarding information was on display in the home.</p> <p>During this assessment, the medication elements of the PAMMS inspection were assessed alongside the NECS Medicines Optimisation Team and were scored in mutual agreement with the Quality Assurance and Compliance (QuAC) Officer whilst considering the observations and findings. Several gaps were found in MAR sheets and some time-sensitive medication had not been given in line with directions. The quality of PRN protocols was not consistent, and some lacked the person-centred information required to allow the staff member to make an informed decision to administer the medication. Controlled drugs were stored appropriately in a secure cupboard fixed to the wall. Monthly reconciliation of the stock of controlled drugs had not been consistently carried out. No competencies had been carried out for staff who apply topical preparations, and one staff member was administering medication without an up-to-date competency assessment.</p>		

Agency profiles were not up-to-date, and some did not contain records of training completed. During the assessment, there were agency staff on shift that profiles were not available for. Discussion confirmed that inductions had been carried out for these staff, but this was not documented.

There was no evidence of reviews of comments / complaints or safeguarding alerts to identify trends and learn from the incidents. The complaints file contained two brief investigation reports, but no records of the original complaint or any responses.

Service-user care plans and historical daily notes were kept in boxes in different rooms. This was discussed with the manager during the assessment, and it was recommended that they were transferred to a lockable cupboard within those rooms.

**Plans and Actions to Address Concerns and Improve Quality and Compliance**

The provider will complete an Action Plan to address the areas identified as requiring improvement – progress will be monitored and validated by the QuAC Officer.

**Level of Quality Assurance & Contract Compliance Monitoring**

Level 2 – Moderate Concerns (Supportive Monitoring)

**Level of Engagement with the Authority**

There had been poor engagement with the Authority and the QuAC Officer was not made aware of the suspension of the manager. The previous manager was allocated a place on the Well-Led Programme but did not complete the first session as they did not come back after the break.

<b>Current CQC Assessment - Date / Overall Rating</b>	<b>19/01/2023</b>	<b>Good</b>
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<b>Provider Name</b>	<b>Milewood Healthcare Ltd</b>	
<b>Service Name</b>	<b>Glenthorne Court</b>	
<b>Category of Care</b>	<b>Residential – Learning Disabilities / Mental Health</b>	
<b>Address</b>	377 Norton Road, Stockton-on-Tees TS20 2PJ	
<b>Ward</b>	<b>Norton Central</b>	
	<b>New PAMMS Rating</b>	<b>Previous PAMMS Rating</b>
<b>Overall Rating</b>	<b>Good</b>	<b>Good</b>
<b>Involvement &amp; Information</b>	<b>Good</b>	<b>Good</b>
<b>Personalised Care / Support</b>	<b>Good</b>	<b>Good</b>
<b>Safeguarding &amp; Safety</b>	<b>Good</b>	<b>Good</b>
<b>Suitability of Staffing</b>	<b>Good</b>	<b>Good</b>
<b>Quality of Management</b>	<b>Good</b>	<b>Good</b>
<b>Date of Inspection</b>	<b>7<sup>th</sup> August 2023</b>	
<b>Date Assessment Published</b>	<b>16<sup>th</sup> November 2023</b>	
<b>Date Previous Assessment Published</b>	<b>11<sup>th</sup> March 2022</b>	
<b>PAMMS Assessment Summary (Positive Outcomes / Observations and Concerns)</b>		
<p>Care plans were very person-centred, completed to a good standard, reviewed regularly, and updated to support any change in need that may have been identified. Risk assessments had been completed for relevant areas and included the extent of the risk, possible outcomes, triggers or warning signs, and action to be taken. They were clear to follow and contained a good level of personal detail.</p> <p>Staff were very confident in explaining the role of the keyworker and the additional responsibilities the role carries. Staff were all aware of which keyworker is responsible for which service-user and were able to go into detail how keyworkers formulate care plans and how these are reviewed in partnership with the service-user.</p> <p>The home appeared very clean during the days of the assessment. Plentiful supplies of PPE and hand sanitiser were available, and staff were observed to wear PPE appropriately. The kitchen was clean, tidy, and well ordered, including the fridge / freezer and cupboards. The manager carries out a quarterly infection control audit and any actions are signed off when complete. Daily and weekly cleaning schedules are in place and were consistently completed and included a management check. Cleaning tasks are allocated to night staff and some gaps were found in the recording.</p> <p>The home was maintained to a high standard and no visible hazards were apparent during the visit. Fire exits were clear, and fire extinguishers and the fire system are regularly serviced. Smoke alarms are in place throughout the home.</p> <p>Entrance and exit to the property are key coded and visitors are asked to produce identification, and to sign in and out of the property.</p>		

Recruitment records were viewed for five members of staff with varying lengths of service. Application forms had been completed documenting qualifications and employment history. Interview notes were held on file, all staff files contained two references (one of which was an employer reference and the other was a character reference), and references were dated prior to the start of employment. DBS checks were in place and completed prior to start date. Files contained job descriptions, signed contracts of employment, confidentiality declaration, and confirmed receipt of staff handbook during induction.

The medication care plans evidenced the service-user's involvement, with clear details of where and how they prefer to take their medication. Discussion confirmed that staff support service-users to know the medication they are taking and what they are taking it for. Medication front cover sheets were in place and were completed to a very high standard – additional person-centred information was included, such as how service-users prefer to take their medication. MAR charts were reviewed – there were no gaps in recording and appropriate codes were being used. All medication checked had the date of opening noted and directions on the MAR sheet corresponded with the label on the medication.

Staff were generally aware of MCA and DoLS, and could recall carrying out recent training in this area. Staff spoken with were unaware of the five principles of the MCA and felt further training would be beneficial.

Service-user's information was held securely in a lockable office and no files were left unattended during the assessment. Laptops were in use but were locked when left. No breaches of confidentiality were apparent during the visit.

**Plans and Actions to Address Concerns and Improve Quality and Compliance**

The provider will complete an Action Plan to address the small number of areas identified as requiring improvement – progress will be monitored and validated.

**Level of Quality Assurance & Contract Compliance Monitoring**

Level 1 – No Concerns / Minor Concerns (Standard Monitoring)

**Level of Engagement with the Authority**

The provider engages well with the QuAC Officer and Transformation Managers. The Registered Manager and Deputy Manager regularly attend the Providers Forums and recruitment events.

Several staff members have attended Medication Optimisation training and have signed up for the Level 3 Medication Diploma.

<b>Current CQC Assessment - Date / Overall Rating</b>	<b>13/07/2019</b>	<b>Good</b>
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<b>Provider Name</b>	<b>The Poplars (Thornaby) Limited</b>	
<b>Service Name</b>	<b>The Poplars Care Home</b>	
<b>Category of Care</b>	<b>Residential / Nursing / Dementia</b>	
<b>Address</b>	375 Thornaby Road, Thornaby, Stockton-on-Tees TS17 8QN	
<b>Ward</b>	<b>Village</b>	
	<b>New PAMMS Rating</b>	<b>Previous PAMMS Rating</b>
<b>Overall Rating</b>	<b>Good</b>	<b>Requires Improvement</b>
<b>Involvement &amp; Information</b>	<b>Good</b>	<b>Poor</b>
<b>Personalised Care / Support</b>	<b>Good</b>	<b>Good</b>
<b>Safeguarding &amp; Safety</b>	<b>Good</b>	<b>Requires Improvement</b>
<b>Suitability of Staffing</b>	<b>Good</b>	<b>Requires Improvement</b>
<b>Quality of Management</b>	<b>Requires Improvement</b>	<b>Requires Improvement</b>
<b>Date of Inspection</b>	<b>9<sup>th</sup> October 2023</b>	
<b>Date Assessment Published</b>	<b>28<sup>th</sup> November 2023</b>	
<b>Date Previous Assessment Published</b>	<b>11<sup>th</sup> November 2022</b>	
<b>PAMMS Assessment Summary (Positive Outcomes / Observations and Concerns)</b>		
<p>Care plans and risk assessments in place were seen to be person-centred, of a good quality and contained the required information, and there was evidence of regular reviews. Observations of staff interactions with residents evidenced they treat residents with dignity, respect and obtained consent before providing care and support.</p> <p>There was some, however, limited evidence of resident / family involvement in care and support planning. One care plan viewed showed evidence of residents' involvement on their care plan, but this was not consistent across all care plans. Some consents were seen to be signed by staff on behalf of the residents without further information on the reason.</p> <p>Feedback from residents was positive – residents confirmed they were offered a range of activities available, and they could request activities they would like to do. The home has a programme of regular 'parties' (i.e. Easter, Summer, Halloween, and Christmas) in which families are invited to attend. The home is also involved with services / businesses in the local community. Residents also confirmed they enjoyed the food and there is plenty of choice.</p> <p>During this assessment, the medication elements of the PAMMS inspection were assessed alongside the NECS Medication Optimisation Team and were scored in mutual agreement with the Quality Assurance and Compliance (QuAC) Officer whilst considering the observations and findings. Medications were managed, stored and administered safely.</p> <p>Safer recruitment practices were mostly followed. The home uses two agencies when required to ensure appropriate staffing levels, however some staff members did not have completed inductions with their profile. Appropriate documentation was held on file for visitors providing professional services. Staff receive appropriate training and support. Although training and information was provided, some staff did not fully understand whistleblowing policy, and the complaint information in the home did not contain contact details for the Local Authority.</p>		



<p>The premises are safe, secure and managed appropriately – relevant safety certification, servicing and maintenance was in place and up-to-date. Overall, the environment was to a good standard. The manager has a range of audits in place with an overarching Action Plan to track and monitor and actions identified.</p>		
<p><b>Plans and Actions to Address Concerns and Improve Quality and Compliance</b></p>		
<p>The provider will complete an Action Plan to address the areas identified for improvement to ensure full compliance and improve quality. Progress towards meeting the Action Plan will be monitored by the Quality Assurance and Compliance Officer (QuAC).</p>		
<p><b>Level of Quality Assurance &amp; Contract Compliance Monitoring</b></p>		
<p>Level 1 – No Concerns / Minor Concerns (Standard Monitoring)</p>		
<p><b>Level of Engagement with the Authority</b></p>		
<p>The manager engages well with the QuAC Officer. There has been limited engagement with the Transformation Managers and support initiatives available.</p>		
<p><b>Current CQC Assessment - Date / Overall Rating</b></p>	<p><b>16/05/2023</b></p>	<p><b>Good</b></p>

<b>Provider Name</b>	<b>T.L. Care Limited</b>	
<b>Service Name</b>	<b>Beeches Care Home</b>	
<b>Category of Care</b>	<b>Residential / Residential Dementia</b>	
<b>Address</b>	Green Lane, Newtown, Stockton-on-Tees TS19 0DW	
<b>Ward</b>	<b>Newtown</b>	
	<b>New PAMMS Rating</b>	<b>Previous PAMMS Rating</b>
<b>Overall Rating</b>	<b>Requires Improvement</b>	<b>Requires Improvement</b>
<b>Involvement &amp; Information</b>	<b>Requires Improvement</b>	<b>Requires Improvement</b>
<b>Personalised Care / Support</b>	<b>Good</b>	<b>Requires Improvement</b>
<b>Safeguarding &amp; Safety</b>	<b>Good</b>	<b>Good</b>
<b>Suitability of Staffing</b>	<b>Requires Improvement</b>	<b>Requires Improvement</b>
<b>Quality of Management</b>	<b>Good</b>	<b>Good</b>
<b>Date of Inspection</b>	<b>3<sup>rd</sup> October 2023</b>	
<b>Date Assessment Published</b>	<b>7<sup>th</sup> December 2023</b>	
<b>Date Previous Assessment Published</b>	<b>13<sup>th</sup> January 2023</b>	
<b>PAMMS Assessment Summary (Positive Outcomes / Observations and Concerns)</b>		
<p>There was no evidence within the care plans of service-user / family involvement. There were no documents to evidence review meetings / one-to-ones taking place, and it was not clearly identifiable who the keyworker for each service-user was. Of the service-users spoken with during the assessment, none could identify that they had a keyworker or were aware of the system.</p> <p>One service-user confirmed he had not received any information on his admission about the service and facilities, or how to raise a complaint or contact the care provider, and that he found all of this out for himself.</p> <p>All care files contained MUST assessments and a nutritional needs care plan, although some plans did not include the most up-to-date MUST information. Service-users spoken with confirmed that there was plenty of choice and variety in the meals provided. Kitchen staff explained how they cater for a variety of dietary needs including texture-modified diets, fortified diets, and that the menu contains healthy options. Care plans contained details on how to support individuals with mealtimes and promote their independence, preferred portion size, and where the service-user prefers to eat was also noted.</p> <p>Observation of care staff interaction showed that service-users remained safe and that their needs were met. Staff were observed to safely support service-users with transfers and mobilising, for example assisting a service-user from their wheelchair to an easy chair in the lounge. Staff were heard to constantly advise the service-user of the next steps and give gentle encouragement.</p> <p>All service-users spoken with explained that staff are rushed off their feet and never stop, and felt that there needed to be more staff in the building. Staff interviewed also explained that they felt there were not enough staff on duty on occasions and were often left to handle duties alone.</p>		

Recruitment records were viewed for four members of staff with varying lengths of service. Application forms had been completed, documenting qualifications and employment history. Interviews were carried out by two people, however on two of the files there was only interview notes from one person held. One applicant had gaps in their employment history but there was no evidence that this had been investigated. Discussion with staff confirmed that the in-house induction covers policies and procedures, orientation of the building, mandatory training, shadowing and familiarisation of service-user's care plans. Only two of the staff files viewed had evidence of a competency-based induction, signed-off by the staff member and management to confirm understanding.

There was a lack of evidence in the staff files to support that regular 1:1 supervisions and an annual appraisal were taking place. It is a contractual requirement that staff receive six supervision meetings a year together with an annual appraisal, to support performance management.

The home uses an electronic training system called 'Elfy' - the system records training compliance and alerts the manager when training is going out-of-date. At the time of the assessment, compliance for mandatory training was only 71%, which is below contractual requirements.

During this assessment, the medication elements of the PAMMS inspection were assessed alongside the NECS Medicines Optimisation Team and were scored in mutual agreement with the Quality Assurance and Compliance (QuAC) Officer whilst considering the observations and findings. Although the majority of front-covers in place had all the required information recorded, two were missing information on the support the service-user required with medication. MAR charts were reviewed and were generally completed to a high standard, with only a couple of signatures missed. There were some occasions when service-user's medication was out-of-stock. Medication audits need to be more robust in order to identify and investigate such events. Although evidence was seen of good quality PRN protocols, others were identified as missing, inaccurate, or not service-user-specific.

All staff were confidently and passionately able to explain what they would do if they had suspected or witnessed some type of abuse or had concerns regarding the care delivered in the home. Staff were able to talk around taking concerns higher if they were not taken seriously by management, and how they could do so. All staff were aware of what whistleblowing is and were aware of the relevant places they could take concerns such as Local Authority and CQC.

**Plans and Actions to Address Concerns and Improve Quality and Compliance**

The provider will create a draft Action Plan for review by the QuAC Officer, which will then be approved and monitored until completion through contractual visits and reviews.

**Level of Quality Assurance & Contract Compliance Monitoring**

Level 2 – Moderate Concerns (Supportive Monitoring)

**Level of Engagement with the Authority**

The home is inconsistent in the submission of NEWS scores. The manager does not attend the Provider Forum and has limited engagement with the Transformation Team.

<b>Current CQC Assessment - Date / Overall Rating</b>	<b>13/10/2022</b>	<b>Requires Improvement</b>
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<b>Provider Name</b>	<b>Elysium Care Limited</b>	
<b>Service Name</b>	<b>Stockton Lodge Care Home</b>	
<b>Category of Care</b>	<b>Residential / Residential Dementia</b>	
<b>Address</b>	Harrowgate Lane, Stockton-on-Tees TS19 8HD	
<b>Ward</b>	<b>Hardwick &amp; Salters Lane</b>	
	<b>New PAMMS Rating</b>	<b>Previous PAMMS Rating</b>
<b>Overall Rating</b>	<b>Good</b>	<b>Requires Improvement</b>
<b>Involvement &amp; Information</b>	<b>Good</b>	<b>Good</b>
<b>Personalised Care / Support</b>	<b>Good</b>	<b>Requires Improvement</b>
<b>Safeguarding &amp; Safety</b>	<b>Good</b>	<b>Good</b>
<b>Suitability of Staffing</b>	<b>Good</b>	<b>Good</b>
<b>Quality of Management</b>	<b>Good</b>	<b>Requires Improvement</b>
<b>Date of Inspection</b>	<b>13<sup>th</sup> November 2023</b>	
<b>Date Assessment Published</b>	<b>21<sup>st</sup> December 2023</b>	
<b>Date Previous Assessment Published</b>	<b>19<sup>th</sup> August 2022</b>	
<b>PAMMS Assessment Summary (Positive Outcomes / Observations and Concerns)</b>		
<p>Stockton Lodge is a residential and dementia care setting currently supporting 38 adults.</p> <p>There was a comprehensive range of care plans covering all aspects of care. Care plans were highly personalised, detailed to their specific needs and preferences. Residents were encouraged to be as independent as possible; care plans included examples of what residents can do for themselves on good and bad days. There was evidence of care plans being agreed with the resident and families; agreement forms were seen to be signed by families where residents are not able to consent themselves.</p> <p>There was evidence of support in maintaining relationships with family and friends. Visits were observed during the assessment, with family and friends seen sitting in the lounges, taking residents on walks, spending time in the courtyard, and eating lunch and joining in with other residents at mealtimes.</p> <p>There was evidence of an effective key worker structure used by the home; keyworker information is marked clearly in the care plans and displayed in resident rooms. The home is looking to upgrade posters in resident rooms with an addition of photographs to make this more accessible.</p> <p>Staff were confident describing the Mental Capacity Act (MCA) principles and how they are put into practice in their daily work. All staff carried a small, laminated card on their person which covered the MCA and safeguarding procedures.</p> <p>Supervisions and appraisals are carried out regularly and staff spoke highly of the support received by management. A supportive work environment was reported by staff, with many noting an improvement following a change in manager at the home.</p>		

During this assessment, the medication elements of the PAMMS inspection were assessed alongside the NECS Medicines Optimisation Team and were scored in mutual agreement with the Quality Assurance and Compliance (QuAC) Officer whilst considering the observations and findings. Medications are stored and administered safely. Staff wear red tabards when administering medication to avoid disturbance. Staff were seen to administer medication in different ways in line with resident’s preferences.

Recommendations were made around ensuring care plan reviews were more personalised and focused on individual care; many were seen with basic and repetitive monthly notes. Daily notes could be improved; many were not completed until mid-afternoon with a small, whole day recap and contained generic statements such as ‘care needs met’. Care plan pictures were dated, however, some were updated at the front, but then not reflected across all documents.

Overall, a good assessment for Stockton Lodge with positive feedback gained from residents, family and staff. Family, friends and advocates spoken with spoke highly of the manager, staff, and the care residents received.

**Plans and Actions to Address Concerns and Improve Quality and Compliance**

The provider has completed a small Action Plan and addressed areas identified for improvement, including training around care planning, and implementing daily audits of daily notes and fluid and diet charts.

**Level of Quality Assurance & Contract Compliance Monitoring**

Level 1 – No Concerns / Minor Concerns (Standard Monitoring)

**Level of Engagement with the Authority**

Stockton Lodge engage with QuAC Officer when required. They are extremely good with engagement of the Activity Co-ordinator Network. Stockton Lodge regularly participate in collaborative events with other care homes. The manager also attends Provider Forums.

**Current CQC Assessment - Date / Overall Rating**

**30/09/2022**

**Good**

<b>Provider Name</b>	<b>Voyage 1 Limited</b>	
<b>Service Name</b>	<b>Saxon Lodge</b>	
<b>Category of Care</b>	<b>Learning Disability</b>	
<b>Address</b>	South Road, Norton, Stockton-on-Tees TS20 2TB	
<b>Ward</b>	<b>Norton South</b>	
	<b>New PAMMS Rating</b>	<b>Previous PAMMS Rating</b>
<b>Overall Rating</b>	<b>Good</b>	<b>Good</b>
<b>Involvement &amp; Information</b>	<b>Good</b>	<b>Good</b>
<b>Personalised Care / Support</b>	<b>Good</b>	<b>Good</b>
<b>Safeguarding &amp; Safety</b>	<b>Good</b>	<b>Good</b>
<b>Suitability of Staffing</b>	<b>Requires Improvement</b>	<b>Good</b>
<b>Quality of Management</b>	<b>Good</b>	<b>Good</b>
<b>Date of Inspection</b>	<b>6<sup>th</sup> November 2023</b>	
<b>Date Assessment Published</b>	<b>21<sup>st</sup> December 2023</b>	
<b>Date Previous Assessment Published</b>	<b>3<sup>rd</sup> October 2019</b>	
<b>PAMMS Assessment Summary (Positive Outcomes / Observations and Concerns)</b>		
<p>Saxon Lodge is a learning disability residential setting that provides support for nine adults. Residents who were able were encouraged to be as independent as possible. Residents were involved in putting together the weekly food shopping list as well as discussing plans for activities.</p> <p>There was evidence of support in maintaining relationships with family and friends. The home has open visiting times 24 hours a day and families were seen visiting frequently. Residents were also encouraged to be a part of the community in which they live, taking part in daily activities outside of the home in the local surrounding areas.</p> <p>Care plans were largely well written and included staff's intimate knowledge of residents. Each plan was individualised, contained great detail reflecting needs and preferences, and promoted independence. There was detailed information on resident life history, and it was clearly documented that resident's families had been included.</p> <p>The manager confirmed many files were stored at Head Office due to recruitment practices, and the home is reliant on the external system for recruitment and filing / storage (as per company procedure). Staff files, where available, had inconsistencies across the board, with pertinent documents contained in some, yet missing from others – particularly offers of employment and signed contracts. There was evidence of missing references, right to work, DBS, and interview notes from staff files. Staff and recruitment documents were stored electronically but many were not clearly labelled and difficult to identify.</p> <p>Daily notes were found to be stored openly within the home and not restricted due to the sensitive information they contained.</p>		

Care plans and resident documentation stored electronically had a number of documents that had been misfiled, with several files and documents found within other resident's folders. There was evidence of copy / paste in several care plans, with evidence of resident names changing throughout the document. There was no evidence that Risk Assessments are reviewed regularly. Photographs were not dated to confirm likeness of the individual and some did not appear to have been updated for some time.

There was good evidence of an effective and supportive key group structure used by the home due to the nature of the disabilities and the number of one-to-one hours. The provider was able to evidence how resident's specific needs impacted the carers involved in their key group.

Staff were able to describe how they ensured that the principles of the Mental Capacity Act (MCA) are put into practice in their daily work. Staff are appropriately trained, and training is monitored by management to a high percentage of completion. Supervisions and appraisals are carried out regularly and staff spoke highly of the support received by management. A supportive work environment was reported by staff, though some staff did raise concerns over the staffing levels.

During this assessment, the medication elements of the PAMMS inspection were assessed alongside the NECS Medicines Optimisation Team and were scored in mutual agreement with the Quality Assurance and Compliance (QuAC) Officer whilst considering the observations and findings. All MAR charts were completed to a good standard, with clear directions enabling staff to safely administer medicines. The home was reminded to ensure discontinued items are clearly recorded.

Overall, a positive assessment for Saxon Lodge. Family members and advocates spoken with were happy with the care residents received and the place in which they live. Staff spoke highly of the home and the residents and were happy with the care they delivered.

**Plans and Actions to Address Concerns and Improve Quality and Compliance**

The provider will complete an Action Plan to address areas identified for improvement, including improvements in care plan writing, documentation storage, staffing levels, and recruitment. This will be monitored by the QuAC Officer.

**Level of Quality Assurance & Contract Compliance Monitoring**

Level 1 – No Concerns / Minor Concerns (Standard Monitoring)

**Level of Engagement with the Authority**

Saxon Lodge engages with the QuAC Officer when required, but engagement with other Local Authority initiatives is minimal.

**Current CQC Assessment - Date / Overall Rating**

**30/06/2023**

**Good**

<b>Provider Name</b>	<b>Care Matters (Homecare) Limited</b>	
<b>Service Name</b>	<b>Care Matters (Homecare) Limited Stockton</b>	
<b>Category of Care</b>	<b>Care at Home (Standard)</b>	
<b>Address</b>	Unit 11, Halegrove Court, Cygnet Drive, Stockton-on-Tees TS18 3DB	
<b>Ward</b>	n/a	
	<b>New PAMMS Rating</b>	<b>Previous PAMMS Rating</b>
<b>Overall Rating</b>	<b>Good</b>	<b>Requires Improvement</b>
<b>Involvement &amp; Information</b>	<b>Good</b>	<b>Requires Improvement</b>
<b>Personalised Care / Support</b>	<b>Good</b>	<b>Good</b>
<b>Safeguarding &amp; Safety</b>	<b>Good</b>	<b>Good</b>
<b>Suitability of Staffing</b>	<b>Requires Improvement</b>	<b>Good</b>
<b>Quality of Management</b>	<b>Good</b>	<b>Requires Improvement</b>
<b>Date of Inspection</b>	<b>4<sup>th</sup> &amp; 5<sup>th</sup> December 2023</b>	
<b>Date Assessment Published</b>	<b>28<sup>th</sup> December 2023</b>	
<b>Date Previous Assessment Published</b>	<b>12<sup>th</sup> July 2021</b>	
<b>PAMMS Assessment Summary (Positive Outcomes / Observations and Concerns)</b>		
<p>An electronic system is used for care planning, risk assessments, daily logs, governance, and call scheduling. Care plans were personalised and detailed with a focus on maximising independence, and evidenced service-user involvement. Care plan reviews were overdue by one month (due three-monthly). Feedback from service-users was positive – this was evidenced by review of quality assurance surveys, discussion with service-users and observations during care calls. Risk assessments were in place where necessary, including environmental risk assessments for individual service-users' homes which included recording of emergency information such as stopcock locations.</p> <p>Staff were seen to treat service-users with dignity and respect, consent was obtained where appropriate, and independence was promoted. Appropriate PPE was worn and infection control measures adhered to. Medications were safely handled and recording was largely appropriate, however, some recommendations have been made to ensure the system prompts recording of the dose of administered PRN medications.</p> <p>Staff training was up-to-date, however, staff spoken with felt that face-to-face training should be reintroduced following the change to e-learning as a result of the pandemic. The provider has several pieces of training equipment in the office which could be used, and this has been fed back to the manager.</p> <p>Staff files were reviewed and recording of recruitment checks requires some improvement – there was no evidence of exploration of employment gaps and no evidence of verbal verification of references received for the recruitment process.</p> <p>The provider is making continued efforts to recruit and whilst the provider is able to deliver the service, the impact on staff was noted. Staff were understanding of the difficulties and efforts</p>		



being made by the provider to resolve this. Rotas were reviewed and some showed long shifts with no travel time or breaks accommodated. Staff supervisions and appraisals have not been completed regularly in recent months due to workload demand and capacity, however, the provider has been working to rectify this. Staff spoke highly of the Service Manager and reported feeling able to approach him with any queries or concerns – a good culture amongst staff was also reported. Meetings are scheduled for managerial staff, however, care staff reported that they do not receive updates and a recommendation has been made to improve this.

The provider is clearly committed to obtaining feedback and regular surveys are carried out alongside audits of service delivery. Audits are completed regularly and Action Plans put in place where necessary, with ongoing monitoring by the manager and care co-ordinators. Some closer attention to detail is required within these audits as issues were identified by the Quality Assurance & Compliance (QuAC) Officer that had not been identified by the auditor and therefore not actioned. There is a robust complaints procedure in place and evidence that the provider acts on lessons learnt and service improvement.

**Plans and Actions to Address Concerns and Improve Quality and Compliance**

An Action Plan will be drawn up from the PAMMS assessment, and the QuAC Officer will monitor and review all the evidence for compliance through contractual visits.

**Level of Quality Assurance & Contract Compliance Monitoring**

Level 2 – Moderate Concerns (Supportive Monitoring)

This is due to previous poor compliance with the electronic call monitoring system and is likely to reduce to Level 1 (Standard Monitoring) following evidence of sustained compliance.

**Level of Engagement with the Authority**

The provider engages and works well with the QuAC Officer. The Transformation Team also report good engagement, noting that the provider keeps in contact around various initiatives and attends Provider Forums.

<b>Current CQC Assessment - Date / Overall Rating</b>	<b>07/01/2021</b>	<b>Good</b>
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<b>Provider Name</b>	<b>Royal Mencap Society</b>	
<b>Service Name</b>	<b>Chestnut House</b>	
<b>Category of Care</b>	<b>Learning Disability Residential Home</b>	
<b>Address</b>	141 Acklam Road, Thornaby, Stockton-on-Tees TS17 7JT	
<b>Ward</b>	<b>Mandale &amp; Victoria</b>	
	<b>New PAMMS Rating</b>	<b>Previous PAMMS Rating</b>
<b>Overall Rating</b>	<b>Requires Improvement</b>	<b>Good</b>
<b>Involvement &amp; Information</b>	<b>Good</b>	<b>Excellent</b>
<b>Personalised Care / Support</b>	<b>Requires Improvement</b>	<b>Good</b>
<b>Safeguarding &amp; Safety</b>	<b>Requires Improvement</b>	<b>Good</b>
<b>Suitability of Staffing</b>	<b>Good</b>	<b>Good</b>
<b>Quality of Management</b>	<b>Requires Improvement</b>	<b>Good</b>
<b>Date of Inspection</b>	<b>20<sup>th</sup> &amp; 21<sup>st</sup> November 2023</b>	
<b>Date Assessment Published</b>	<b>29<sup>th</sup> December 2023</b>	
<b>Date Previous Assessment Published</b>	<b>31<sup>st</sup> January 2022</b>	
<b>PAMMS Assessment Summary (Positive Outcomes / Observations and Concerns)</b>		
<p>A full PAMMS assessment took place following the 'light touch' assessment completed in November 2021.</p> <p>Care plans evidenced staff knowledge and familiarity of the residents and took into consideration residents likes and dislikes; independence and choice were vehemently promoted. Care plans are mostly accessed via an online system, however the manager advised that the transition between paper-based and electronic-based care planning has not yet been completed and so several records were not available online. This transition was ongoing at the time of the last PAMMS in 2021. Paper-based records were reviewed and assurance was available that the relevant information is held on file, however it is not easily accessible and recommendations have been made to complete this promptly.</p> <p>The environment was a relaxed and homely one; rooms were personalised and staff had a good understanding of resident needs. Residents were involved in meal planning, grocery shopping and culinary tasks, and a healthy lifestyle was promoted. Information was in accessible formats and displayed appropriately around the home, however there was no information displayed about how to make a complaint. The home did have mechanisms in place to handle complaints and have recently introduced a 'grumbles jar' which residents have been using, with support of staff, to raise issues in a more formal way. This also allowed for recording of feedback and actions were seen to have been taken on any issues raised so far. Residents' meetings take place quarterly. Surveys with key stakeholder groups such as residents, families / friends and staff have not been carried out in the last year. Records and monitoring of quality-of-service provision require some improvement which led to the quality of management domain being scored as 'Requires Improvement'.</p> <p>On discussion with staff, they were able to detail several pertinent topics to the role, such as safeguarding and the Mental Capacity Act. They were aware of key worker allocation and able</p>		

to inform which of the residents have DoLS in place. Staff files were reviewed and appropriate recruitment processes and records were seen. Staffing levels were appropriate and training up-to-date. Staff report a good relationship with the manager who they feel is supportive and approachable. Regular staff meetings take place.

The manager of the home is onsite regularly and has a very good relationship with residents and staff. A 'monthly audit tool' is in place which covers a range of areas such as residents care plans, residents last appointments, health and safety, staffing and Improvement Plan / Action Plan. The Action Plan identifies level of priority, who is responsible, expected completion date and actual completion date. Improvement Plans show all actions are complete.

The home did not have a mechanism in place to ensure visiting professionals have appropriate DBS checks or Liability Insurance, however the manager advised anyone who provides professional services in the home is not left unsupervised with residents. There were a small number of areas within the home which required attention, however on discussion with the home manager, she confirmed these issues have been raised with the proprietor. They continue to manage general maintenance in-house and will continue with their efforts with the landlord. PPE was available throughout the home and infection control checks and measures were in place. Statutory safety certification such as Fixed Wiring, Gas Safety and Asbestos's report were in place and in date.

During this assessment, the medication elements of the PAMMS inspection were assessed alongside the NECS Medicines Optimisation Team and were scored in mutual agreement with the Quality Assurance and Compliance (QuAC) Officer whilst considering the observations and findings. Staff have received medicines related training, however not all have completed the level 3 medication administration training (required as per SBC contract). Staff confirmed that they receive regular competency checks and feel confident in carrying out the task. There were some minor areas of improvement identified and recommendations made to this effect.

**Plans and Actions to Address Concerns and Improve Quality and Compliance**

The provider will complete an Action Plan to address areas identified as 'Requires Improvement' to ensure full compliance.

**Level of Quality Assurance & Contract Compliance Monitoring**

Level 2 – Moderate Concerns (Supportive Monitoring)

**Level of Engagement with the Authority**

The management team have a positive relationship with the QuAC Officer. The provider does engage with the Transformation Team but this could be improved.

**Current CQC Assessment - Date / Overall Rating**

**01/04/2020**

**Good**